Quality of Life through the Full Continuum: The Impact of Interior Design

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Learning Objectives

- Explain how interior design can affect the process of aging in place
- Determine when a caregiver may need the services of an interior designer
- Discuss the public policy implications of design that promotes community-based care
Continuum of Care

There will be some surprises...as there always are; however this we do know about the future:

- In the US, one in three seniors is anticipated to die from Alzheimer’s Disease or another dementia*
- In other countries, the need for educational programming on dementia and geriatrics is being recognized and growing in importance
- Higher levels of acuity shall take place in alternative care settings; home, community & facility based
- Changes in licensing & building codes to provide opportunities for more creative models are in process

*2013 Alzheimer’s Disease Facts and Figures
Alzheimer’s Association
Purposeful living as a premise is a good basis for re-positioning; examining the changes needed within physical environment to accommodate change

It is the first time in history that we need the wisdom of experience mixed with the technology savvy of a younger generation to create and move forward...

....as status quo, just isn’t relevant nor acceptable for the future....

Think strategically and outside comfort zones...creation of interdisciplinary teams to bring about wonderful results...

• So what Code have you used recently that includes the following:
  • The word “love”?
  • The word “unique”?
  • The word “mock-up”?
  • The word “elder”?
  • The phrase “care population”?
  • The phrase “resident-centered”?

• The new Guidelines for Design and Construction for Residential Health, Care & Support Facilities!
2014 Guidelines Revisions

- 2010 Guidelines for Design and Construction of Health Care Facilities
- 2014 Guidelines for Design and Construction of Hospitals and Outpatient Facilities
- 2014 Guidelines for Design and Construction of Residential Health, Care, and Support Facilities

Residential Guidelines Document Group
- Senior living experts
- Gerontologists
- Providers
- Owners
- Designers
- Consultants
- Researchers
- Advocates
- Regulators
Basic Organization

Part 1 Planning & Programming
Part 2 Common Elements
Part 3 Residential Health Facilities
Part 4 Residential Care and Support Facilities
Part 5 Non-residential Support Facilities
Part 6 ASHRAE 170

Why are the Guidelines important?

- Streamline design portion of the licensing process
- Help AHJs evaluate design documentation
- Consistency between states
- Improve resident care environments and outcomes
Part 1- Overall Framework for PDC

- Physical environment: profound effect on human health, productivity and on the natural environment.
- Understanding the following assists with improving the overall design and outcomes:
  - Management philosophy
  - Organizational structure
  - Staff roles
  - Staff education and training
  - Resident quality of life
  - Operational processes and procedures
  - Provisions for Resident & Staff safety
Part 1 - General Planning Information

- Functional programming
- Environment of care (EOC) considerations
- Resident safety risk assessment (RSRA)
- General planning information

Part 1- Importance of Functional Program and Care Model Development
Part 1 - Importance of Functional Program

- Delivery of Care
- Model Concepts
- Users
- Systems Design
- Layout/
  Operational
  Planning
- Supportive of
  Person-Centered
  Care

Part 1 - Importance of EOC Process
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