



PDGM IN REAL TIME

Therapy & PDGM

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Webinar Faculty

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PDGM Myths & Facts

- **Myth** – Therapy isn't paid for in PDGM
- **Fact** – Therapy is *not* paid based on number of combined visits
Amount included for therapy is actually the same as what has been paid in PPS, but it is based on the clinical and functional grouping in which the patient falls (*patient* driven, not *visit* driven!)
- **Myth** – There are only two clinical groupings therapy can be on the POC
- **Fact** – Though the term 'Rehab' has been attached to two clinical groupings, these are the two that had the greatest therapy utilization historically. It does *not* mean that therapy cannot be involved in the POC for other clinical groupings

The 'Noise' We are Hearing

- "My agency tells me I only have 4 visits and have to discharge within 3 weeks, for all of my patients"
- Therapy frequencies are only being written for 30 days before re-assessments to determine further need
- "Therapy is intended only for MS Rehab and Neuro Rehab Clinical Groupings"
- Other disciplines visiting the patient are reinforcing therapists functional improvement plan
- Functional impairment scores do not support the therapy proposed plans of care/frequency
- Beneficiaries are being told their visits will decrease as of January 2020

What has really changed for therapy and home health care of the patient?



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5

5

Therapy Best Practices (these have not changed)

- Ensure OASIS Competency
- Promote a culture of treating the whole patient
- Develop strategies for supporting therapy services
- Utilize the whole interdisciplinary team, therapy assistants, & virtual visits to reinforce improving the patients' ability to perform ADLs
- Ensure effective care management practices

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6

6

Just Do It: Coordination of Care (this has not changed)

Collaborative process to assess, plan, implement, coordinate, and evaluate the services provided to meet each patient's home health needs.

An entire interdisciplinary team works toward the goals determined by the patient and healthcare team.

Right Discipline at Right Time

Primary Case Manager Responsibilities (these have not changed)

- ⇒ Accuracy of OASIS assessment
- ⇒ Collaborate with disciplines re: functional assessment
- ⇒ Listen for the patients' goal
- ⇒ Set realistic discipline goals to meet the patients' goal
- ⇒ Discuss/develop plan with patient and team ongoing

Power of Functional Assessment

(this has not changed)

- Interdisciplinary collaboration on functional impairment scores
- Assess by observation, not interview(therapists do this)
- Assess safety considerations which are key to performance
- Objective measures for levels of assistance, cueing, supervision
- Function assessed in context of time and place
- Function assessed in context of habits and routines

Chronic Condition Management

(these have not changed)

- Medication management – Identify routines to assist taking as directed
- Self-monitoring conditions – Reinforce with monitoring tools, ADLs
- Treatments – Embed with routines for O2, insulin, pursed lip breathing
- Diet – Practice meal prep watching glycemic index, sodium, fat
- Physical activity – Familiar activity, energy conservation, endurance and daily routine needs (versus HEP)
- Health care encounters – Problem solving to attend & participate

Visit Frequency Best Practices

(these have not changed)

- Avoid prescriptive visit frequencies
- Coordinate interdisciplinary plans of care & visits
- Coordinate monitoring parameters with other disciplines
- Patient engagement in plan of care for managing condition
- Adjust frequency as patient progresses
- Taper frequency to allow self-management
- Spread visits over time to manage utilization and LUPA risk

Open Online Discussion

Use Q/A Text

PDGM In Real Time Webinars

Clinical Management of Patient Episode

March 11, 2020 at 1:00 pm ET

Data Analytics

March 18, 2020 at 1:00 pm ET

Learn more at nahc.org/pdgm

Upcoming Events

2020 March on Washington

March 23-24
Washington, DC

2020 Financial Management Conference

July 26-28
Las Vegas, NV

2020 Home Care and Hospice Conference and Expo

October 18-20
Tampa, FL

NAHC PDGM Physicians Toolkit



Ensure that all members of your home health care team are familiar with the biggest change to home health payment in decades.

[Access the Toolkit](#)

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