



## Share Your Story

Legislators, and regulators, are real life people just like you. Sharing your story can help them better understand the importance of home health care and hospice services and connects them directly with the challenges facing you as patients and families today in accessing quality care and services. Story telling is an inherent to our human nature and one the most compelling tools we have in our advocacy arsenal.

We invite you to join in on our summer advocacy efforts and to share your personal story and experience with your elected officials. Your story can help to bring the issues facing you and the home care and hospice communities to the forefront of the health care debate and be a catalyst to getting our most important legislative priorities over the finish line and passed into law.

### Helpful tips to Remember:

- **Be authentic and tell your story from the heart** — your story is very personal and should be a direct reflection of your experience. There is no one “right” way to tell your story.
- **Keep it short and sweet** — the clearer and more concise you can be, the easier it is for your elected official to connect with what you are saying AND remember it later
- **Connect your story with the issues** — your story is uniquely yours alone, but how it connects with current legislative issues is important to help your elected official connect real-life with the bills they are contemplating to support

### Don't Forget to Include:

- Your First and Last Name
- Home Address and/or Email
- Your Personal Story — ex: What does home health care & hospice services mean to you?

- A photo if you have one you would like to share with them.

### How to share your story:

- MAIL or EMAIL are the best way to share your story with your representatives if you cannot do so in person.
- FIND YOUR ELECTED OFFICIALS and their contact information here: U.S. Senators U.S. Representative
  - Their mailing address and preferred email will be available along with their official website
- Alternatively, you can send your story to: [Heartbeat@nahc.org](mailto:Heartbeat@nahc.org) or mail to:

**The National Association of Home Care & Hospice**  
Attention E. Bartolucci, Dir. Grassroots Advocacy  
228 7th Street SE  
Washington, D.C. 20003

The NAHC team will ensure your story is sent directly to your elected official.

## Questions?

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